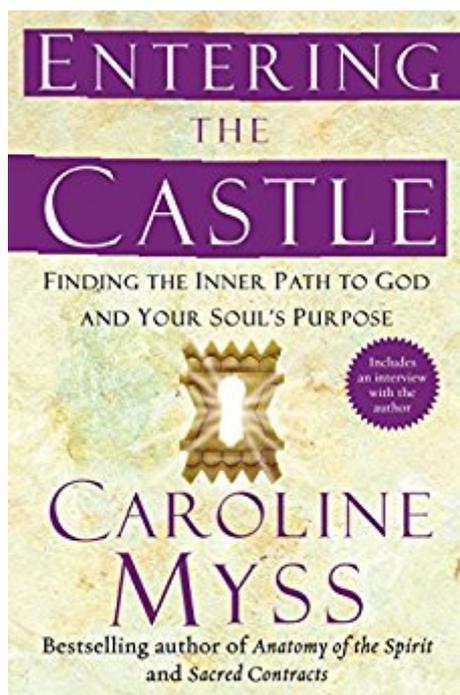


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# Entering The Castle: An Inner Path To God And Your Soul



## Synopsis

Internationally renowned motivational teacher, spiritual instructor, and popular theologian Caroline Myss has created a transcendent work of unique insight and revelation in *Entering the Castle*. This exciting new teaching of contemporary mysticism is also a brilliant synthesis of the psychology of consciousness and of Eastern and Western mystical traditions. Myss provides a highly original inner path to self-knowledge -- which is also the road into a spiritual knowledge of God and your own soul -- as she reveals a necessary external path, one that takes you out into the world to serve God and others as a mystic without a monastery -- without having to retreat into total silence, self-denial, or isolation. As her main template for this extraordinary, modern spiritual journey, Myss uses the beloved, revered writings of *The Interior Castle* by Teresa of Ávila. Adapting Teresa's vision of the soul as a beautiful crystal castle with many floors, or mansions, and many rooms within those mansions, Myss guides us from room to room, helping us meet different aspects of our self, our soul, and our spirit -- preparing us for the ultimate encounter with God and our own divinity. Through intense practices and methods of spiritual inquiry adapted for contemporary life, she helps us to develop our personal powers of prayer, contemplation, and intuition and to ascend the seven levels of soul knowledge that build an ever stronger interior castle of our own -- a soul of strength and stamina. As in all her books, Myss also recounts stories of profoundly moving real-life experiences -- of her own, as well as of her students and of renowned spiritual figures -- that bring home the universal truth of her insights. Presiding over the entire book and journey are the great mystics, ancient and contemporary, of Christianity, Judaism, Islam, and Hinduism with their inspiring lives and discerning spirits. And over all, the benevolence, truth, and gentle and tough love of Teresa of Ávila shine through. Doubtless Myss's most deeply personal, revealing, compassionate, and transforming book yet, *Entering the Castle* is a comprehensive guidebook for the journey of your life -- a journey into the center of your soul. There, peace, God, and a fearless bliss wait for you to discover them...and claim them for your own.

## Book Information

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## Customer Reviews

Let me begin by noting that I enjoyed Sacred Contracts and its multicultural perspective on understanding your soul very much. It was my enthusiasm for that work that led me to Entering the Castle. I was taken aback to find that Entering the Castle is an ecumenical reader's guide to St. Teresa of Avila's The Interior Castle. If I had known that, I would have read The Interior Castle instead for a deeper Christian reading on St. Teresa's mystical experiences and guidance for the rest of us. If you aren't a Christian, you may like Entering the Castle because the book is careful not to take a Christian perspective while referencing figures from the faith. Jesus, for instance, is typically described as a spiritual figure rather than the son of God. Although Caroline Myss describes herself as a Catholic, her personal beliefs seem to be that all religions are essentially identical. It's more of a Unitarian view than a Catholic description of religion. If you are a Christian, why wouldn't you want a purely Christian perspective? The book is very slow to begin. It takes around a hundred pages before you reach the first part of what St. Teresa of Avila described. I didn't find the writing to be tight and engaging like the writing is in Sacred Contracts. St. Teresa wrote about her mystical experiences as a kind of roadmap that someone can follow who wants more a more direct relationship with God. As described in Entering the Castle there are seven metaphorical mansions in the castle. Within each mansion, there are rooms that represent stages of mystical experience and development. These rooms are described as exercises for you to do. There's a caution that St.

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